

Saving and Savoring Maine's Apple Heritage



Why not go out on a limb? That's where the fruit is. -Mark Twain

# Greetings from Super Chilly Farm and Out on a Limb Apple CSA!

We are gearing up for the fourth year of our Out on a Limb Apple CSA, and we hope you will join us! Once again we'll be offering a wide assortment of endangered, historical and just plain unusual eating and cooking apples, including some that we've never offered before.

# If you'd like to participate, *please sign up no later than August 28th!*

This year we are expanding the number of shares we will be offering and increasing the number the pick up locations. In addition to being able to pick up in Portland and at our farm in Palermo, we also hope to offer pick up locations in Waterville, Freedom, Belfast, and Mount Desert Island. So please spread the word to your friends who live in these areas.

# How does the Out on a Limb Apple CSA work?

The CSA distribution will take place every other week from the second week of September to the second week of November. There will be five deliveries in total.

# What kinds of apples will I be getting?

Over the course of the season you'll receive 20 or more varieties of rare and highly flavored apples with a wide range of uses, appearances, histories and flavors. In each delivery you will receive a mix of dessert apples (for eating fresh) and culinary apples. We will make sure you have enough of the culinary varieties to cook up into a dish.

# How many apples will I be getting?

You will get approximately 1/4 bushel of apples at each pickup (about 10-12 lbs). Each variety will be in a labeled bag. **Please bring along your own tote bag or box in which to put the various smaller bags.** Or purchase a large, organic "Out on a Limb" tote bag from us for \$15.

# How will I learn about the varieties I receive?

Every Tuesday that you have a pick-up, we will email you a newsletter with descriptions, history, and lore about each variety, as well as recipes and ideas for how best to use them.

#### Are the apples organic?

Some varieties will be organically grown, others conventionally grown with IPM. We will let you know which is which.

# What if I want more of some of the apples?

If you'd like to have more of a particular apple for a restaurant menu, or to store or preserve, some varieties will be available for order by the bushel, to be delivered at your next pick-up.

# When and Where do I pick up my order?

Freedom: Tuesday at Village Farm, Rte. 137, 4-6 Belfast: Tuesday at the UU Church, 37 Miller St., 4-6 Portland: Wednesday, location TBD Palermo: Wednesday at Super Chilly Farm, 167 Turner Mill Pond Rd., 10-6 Waterville: Tuesday at Barrels Community Market, 74 Main St., 2:30-5:30 MDI: Thursday at Beech Hill Farm, 171 Beech Hill Rd., 1:00-5:00

In early September we will send you an email to confirm the pick up times.

# How much does it cost?

The CSA costs \$125 for the season, (or \$140 for your share and a tote bag.) Full payment is due when you sign-up.

#### How do I sign up?

Send your check made out to **Out On a Limb Apple CSA** to **OOAL CSA 167 Turner Mill Pond Rd, Palermo ME 04354.** Please include your name, snail mail address, phone #, email address and pick-up location with your check.

*Please remember: shares are limited and enrollment is on a first come, first served basis.* 

Feel free to email us at csa.outonalimb@gmail.com if you have any questions. We look forward to hearing from you!

Many thanks, John Bunker, Cammy Watts, Corinne Wesh & Daniel MacPhee Out on a Limb CSA 167 Turner Mill Pond Rd Palermo ME 04354